



**RELAY
FOR LIFE
DONEGAL** ©



**Irish
Cancer
Society**
CHY 5863

SEALÁIOCHT
DON BHEATHA
Dúin na nGall



Patron
*Daniel
O'Donnell*

JOIN IN THE

1 FOR **1** @ **1**

SCHOOLS CHALLENGE



1 for 1 @ 1 Challenge

Every family is affected by Cancer and we are asking all Donegal schools to come on board and support us. When you participate in Relay for Life you are supporting the provision of ongoing Irish Cancer Society services throughout Donegal.

We are asking schools to choose **any day in this school year** and on your chosen date at 1-o'clock you carry out your challenge. The challenge is chosen by you and it can be anything from a 1K walk around the school grounds, macarena dance, a relay fun run or whatever you decide. Every student brings 'ONE EURO' into the school. If there are more than one student from a family at the school one euro per family is sufficient. I We are running the challenge in conjunction with all TEAMS participating in this year's Relay weekend on 3rd / 4th June in ATU Donegal, Letterkenny Campus.

Share your challenges with us - What'sApp a video or some photos to any of the numbers below or tag us on your Facebook page and we will share on our social media platforms and also on the Big Screen at Relay on 3/4Th June.

This is very much a project aimed at Raising Awareness with fundraising being a bonus. If you feel you do not want to participate in the fundraising (€1 per family), PLEASE just join us by participating in the challenge aspect as this will help us educate our young people and ensure the word cancer does not frighten them, should they ever encounter it amongst their family or friends.

**Contact us by email on
relayforlifedonegal@gmail.com or contact
Mary on 086-0880533 or Tracey on 087-2656549
or Robert on 087-2716344.**